

## Botox & Dysport

**Botox:** \$400 for 1 facial area, \$700 for 2 facial areas, \$950 for 3 facial areas, \$1150 for 4 areas, \$450 for neck bands.

Takes effect in 3-8 days.

**Dysport:** \$350 for 1 facial area, \$650 for 2 facial areas, \$900 for 3 facial areas, \$1100 for 4 areas, \$400 for neck bands.

Takes effect in 2-4 days.

### Before Treatment

Avoid aspirin, ibuprofen (Advil, Motrin), Aleve (naproxen), fish oil and vitamin E 5 days prior to treatment to help reduce bruising. **\*\*If you have had a stroke, heart attack, blood clot or heart rhythm issue requiring aspirin or other blood thinners, do not stop them.**

### After Treatment

- Remain upright, no lying down (no naps) for 4 hours after the treatment. This reduces the risk of eyebrow or eyelid droop.
- Do not touch or rub the treated area for 4 hours after the procedure.
- For 4 hours following the procedure:
  - No exercise
  - No hair washing
  - No ice to forehead
  - No hats
  - No massage
  - No facials
  - No showers

Actively use the treated muscle groups (i.e., frown or squint) for 1 hour after the procedure. This will help the Botox/Dysport bind to the desired area and enhance the results.

## Fillers:

**\*\*Filler injections should be scheduled at least 2 weeks before or after any vaccinations, including Covid vaccines, to avoid temporary swelling of the face where the filler is injected.**

<b>Juvederm Volbella 0.55cc:</b> \$450 per syringe	<b>Restylane-L:</b> \$600 per syringe
<b>Juvederm Volbella 1cc:</b> \$850 per syringe	<b>Restylane Lyft:</b> \$700 per syringe
<b>Juvederm Voluma 0.5cc:</b> \$450 per syringe	<b>Restylane Kysse:</b> \$750 per syringe
<b>Juvederm Voluma 1cc:</b> \$850 per syringe	<b>Restylane Refyne:</b> \$700 per syringe
<b>Juvederm Vollure:</b> \$700 per syringe	<b>Restylane Defyne:</b> \$700 per syringe
<b>Juvederm Ultra or UltraPlus XC:</b> \$600 per syringe	<b>Restylane 1cc to tear troughs:</b> \$700
<b>RHA2:</b> \$700 per syringe	<b>Restylane 1/2cc to tear troughs:</b> \$450
<b>RHA3:</b> \$750 per syringe	<b>Restylane 1/2cc to other sites:</b> \$350
<b>RHA4:</b> \$850 per syringe	<b>Juvederm Voluma Hands:</b> \$1500 (includes <b>two</b> syringes)
	<b>Restylane Lyft Hands:</b> \$1700 (includes <b>three</b> syringes)

### Before Treatment

- Avoid aspirin, ibuprofen (Advil, Motrin), Aleve (naproxen), fish oil and vitamin E **5 days prior to treatment** to help reduce bruising. **\*\*If you have had a stroke, heart attack, blood clot or heart rhythm issue requiring aspirin or other blood thinners, do not stop them.**
- Come in **30 minutes early** for topical anesthetic.
- If you have a history of fever blisters or cold sores and are having filler treatment around your mouth or lips, call the office for preventative medication to take prior to each treatment.
- **Voluma or Restylane Lyft** injections should not be done within two weeks before or after dental work (including dental cleaning) or colonoscopy. **Voluma injections** should also be avoided within 2 weeks before or after vaccines, including influenza and Shingrix vaccines.

### After Treatment

- **Apply iced gel packs to the lips and/or lower face** several times in the two hours after your treatment to help reduce swelling and bruising. Avoid applying ice to forehead or between brows.
- **Mild purplish bruising and tenderness** in some areas is normal after filler injection. However, if you experience very painful or unusual mottled bruising, please call us.
- **For the next day**, avoid resting your face on a hard surface (like a massage table headrest), avoid intense exercise (this can increase bruising in the first day), and avoid excess sun or heat exposure.
- After treatment of the hands, mild swelling is common, and rarely can persist up to 8 weeks. This may be noticeable with certain activities, like playing the piano, typing, or certain sports like tennis or golf.
- **PhotoFacial** treatment can help reduce bruising. Please call the office for an appointment.
- **To further reduce the risk of bruising Dr Black may recommend one or more of the following:**
  - Arnika Forte Kit \$40 - includes
    - Arnika Forte Capsules: 2 pills day of procedure, then 2 pills a day for 3-4 days after treatment.
    - Arnika Forte Roller: Roll on area treated area several times a day.

### Sculptra - \$850 per vial

**\*\*Sculptra injections should be scheduled at least 2 weeks before or after any vaccinations, including Covid vaccines, to avoid swelling of the face where the Sculptra is injected.**

### Before Treatment

- **Avoid aspirin, ibuprofen (Advil, Motrin), Aleve (naproxen), fish oil and vitamin E** 5 days prior to treatment to help reduce bruising. **\*\*If you have had a stroke, heart attack, blood clot or heart rhythm issue requiring aspirin or other blood thinners, do not stop them.**
- **Come in 30 minutes early** for topical anesthetic.
- If you have a **history of fever blisters or cold sores**, call Dr. Black for preventative medication to take prior to each treatment.
- **Sculptra injections** should not be done within two weeks before or after dental work (including dental cleaning) or colonoscopy.

### After Treatment

- **Massage for 5 minutes, 5 times a day for 5 days.** This reduces the chance of forming small bumps under the skin.
- **Apply iced gel packs** several times in the two hours after your treatment to help reduce swelling and bruising.
- **To further reduce the risk of bruising Dr Black may recommend one or more of the following:**
  - Arnika Forte Kit \$40 - includes
    - Arnika Forte Capsules: 2 pills day of procedure, then 2 pills a day for 3-4 days after treatment.
    - Arnika Forte Roller: Roll on area treated area several times a day.

**Kybella (deoxycholic acid) - \$1500 one treatment, \$2400 two treatments, \$1200 per 3rd, 4th and 5th treatment.** Most patients require 2-4 treatments.

### Before Treatment

- **Avoid aspirin, ibuprofen (Advil, Motrin), Aleve (naproxen), fish oil and vitamin E** 5 days prior to treatment to help reduce bruising. **\*\*If you have had a stroke, heart attack, blood clot or heart rhythm issue requiring aspirin or other blood thinners, do not stop them.**
- Arrive **30 minutes prior to your scheduled injection time for topical anesthetic**, and we will give you ibuprofen at the office immediately prior to the procedure.

### After Treatment

- **Ice the area for a minimum of an hour, off and on.** You may continue to ice it as needed for swelling or tenderness after the first hour.
- **During the treatment or immediately afterward, the treated area will begin to sting and feel sore as the**

**Kybella begins to destroy the fat cells.** This becomes less intense 30 minutes to an hour following treatment.

- **It is normal for the treatment area to feel "full", numb, swollen and somewhat sore for several days, and, rarely, for 2-4 weeks, following the procedure. While the area feels numb during this time men must take care when shaving, to avoid nicking the skin.**
- Redness is normal, and typically lasts less than a week, rarely longer.
- Some patients note induration (firmness) that develops in the treatment area a week or so after treatment. This can last days to a few weeks.
- **For men:** temporary patchy hair loss may occur in the treated area.
- Mild purplish bruising in some areas is normal after Kybella injection. **For the next day, avoid intense exercise (this can increase bruising and soreness in the first day), and avoid excess sun or heat exposure.**
- To further reduce the risk of bruising Dr Black may recommend one or more of the following: **Arnika Forte** - 2 pills day of procedure, then 2 pills a day for 3-4 days after treatment. (\$30.00)

