

Botox & Dysport

Botox: \$400 for 1 facial area, \$700 for 2 facial areas, \$950 for 3 facial areas, \$1150 for 4 areas, \$450 for neck bands.

Takes effect in 3-8 days.

Dysport: \$350 for 1 facial area, \$650 for 2 facial areas, \$900 for 3 facial areas, \$1100 for 4 areas, \$400 for neck bands.

Takes effect in 2-4 days.

Before Treatment

Avoid aspirin, ibuprofen (Advil, Motrin), Aleve (naproxen), fish oil and vitamin E 5 days prior to treatment to help reduce bruising. ****If you have had a stroke, heart attack, blood clot or heart rhythm issue requiring aspirin or other blood thinners, do not stop them.**

After Treatment

- Remain upright, no lying down (no naps) for 4 hours after the treatment. This reduces the risk of eyebrow or eyelid droop.
- Do not touch or rub the treated area for 4 hours after the procedure.
- For 4 hours following the procedure:
 - No exercise
 - No hair washing
 - No ice to forehead
 - No hats
 - No massage
 - No facials
 - No showers

Actively use the treated muscle groups (i.e., frown or squint) for 1 hour after the procedure. This will help the Botox/Dysport bind to the desired area and enhance the results.

Fillers:

****Filler injections should be scheduled at least 2 weeks before or after any vaccinations, including Covid vaccines, to avoid temporary swelling of the face where the filler is injected.**

RHA2: \$700 per syringe	Restylane-L: \$600 per syringe
RHA3: \$750 per syringe	Restylane Lyft: \$700 per syringe
RHA4: \$850 per syringe	Restylane Kysse: \$750 per syringe
Juvederm Volbella 0.55cc: \$450 per syringe	Restylane Refyne: \$700 per syringe
Juvederm Volbella 1cc: \$850 per syringe	Restylane Defyne: \$700 per syringe
Juvederm Voluma 0.5cc: \$450 per syringe	Restylane Contour: \$850 per syringe
Juvederm Voluma 1cc: \$850 per syringe	Restylane 1cc to tear troughs: \$700
Juvederm Vollure: \$700 per syringe	Restylane 1/2cc to tear troughs: \$450
Juvederm Ultra or UltraPlus XC: \$600 per syringe	Restylane 1/2cc to other sites: \$350
Juvederm Voluma Hands: \$1500 (includes two syringes)	Restylane Lyft Hands: \$1700 (includes three syringes)

Before Treatment

- Avoid aspirin, ibuprofen (Advil, Motrin), Aleve (naproxen), fish oil and vitamin E **5 days prior to treatment** to help reduce bruising. ****If you have had a stroke, heart attack, blood clot or heart rhythm issue requiring aspirin or other blood thinners, do not stop them.**
- Come in **30 minutes early** for topical anesthetic.
- If you have a history of fever blisters or cold sores and are having filler treatment around your mouth or lips, call the office for preventative medication to take prior to each treatment.
- **Voluma or Restylane Lyft** injections should not be done within two weeks before or after dental work (including dental cleaning) or colonoscopy. **Voluma injections** should also be avoided within 2 weeks before or after vaccines, including influenza and Shingrix vaccines.

After Treatment

- **Apply iced gel packs to the lips and/or lower face** several times in the two hours after your treatment to help reduce swelling and bruising. Avoid applying ice to forehead or between brows.
- **Mild purplish bruising and tenderness** in some areas is normal after filler injection. However, if you experience very painful or unusual mottled bruising, please call us.
- **For the next day**, avoid resting your face on a hard surface (like a massage table headrest), avoid intense exercise (this can increase bruising in the first day), and avoid excess sun or heat exposure.
- After treatment of the hands, mild swelling is common, and rarely can persist up to 8 weeks. This may be noticeable with certain activities, like playing the piano, typing, or certain sports like tennis or golf.
- **PhotoFacial** treatment can help reduce bruising. Please call the office for an appointment.
- **To further reduce the risk of bruising Dr Black may recommend one or more of the following:**
 - Arnika Forte Kit \$40 - includes
 - Arnika Forte Capsules: 2 pills day of procedure, then 2 pills a day for 3-4 days after treatment.
 - Arnika Forte Roller: Roll on area treated area several times a day.

Sculptra - \$850 per vial

****Sculptra injections should be scheduled at least 2 weeks before or after any vaccinations, including Covid vaccines, to avoid swelling of the face where the Sculptra is injected.**

Before Treatment

- **Avoid aspirin, ibuprofen (Advil, Motrin), Aleve (naproxen), fish oil and vitamin E** 5 days prior to treatment to help reduce bruising. ****If you have had a stroke, heart attack, blood clot or heart rhythm issue requiring aspirin or other blood thinners, do not stop them.**
- **Come in 30 minutes early** for topical anesthetic.
- If you have a **history of fever blisters or cold sores**, call Dr. Black for preventative medication to take prior to each treatment.
- **Sculptra injections** should not be done within two weeks before or after dental work (including dental cleaning) or colonoscopy.

After Treatment

- **Massage for 5 minutes, 5 times a day for 5 days.** This reduces the chance of forming small bumps under the skin.
- **Apply iced gel packs** several times in the two hours after your treatment to help reduce swelling and bruising.
- **To further reduce the risk of bruising Dr Black may recommend one or more of the following:**
 - Arnika Forte Kit \$40 - includes
 - Arnika Forte Capsules: 2 pills day of procedure, then 2 pills a day for 3-4 days after treatment.
 - Arnika Forte Roller: Roll on area treated area several times a day.

Kybella (deoxycholic acid) - \$1500 one treatment, \$2400 two treatments, \$1200 per 3rd, 4th and 5th treatment. Most patients require 2-4 treatments.

Before Treatment

- **Avoid aspirin, ibuprofen (Advil, Motrin), Aleve (naproxen), fish oil and vitamin E** 5 days prior to treatment to help reduce bruising. ****If you have had a stroke, heart attack, blood clot or heart rhythm issue requiring aspirin or other blood thinners, do not stop them.**
- Arrive **30 minutes prior to your scheduled injection time for topical anesthetic**, and we will give you ibuprofen at the office immediately prior to the procedure.

After Treatment

- **Ice the area for a minimum of an hour, off and on.** You may continue to ice it as needed for swelling or tenderness after the first hour.
- **During the treatment or immediately afterward, the treated area will begin to sting and feel sore as the**

Kybella begins to destroy the fat cells. This becomes less intense 30 minutes to an hour following treatment.

- **It is normal for the treatment area to feel "full", numb, swollen and somewhat sore for several days, and, rarely, for 2-4 weeks, following the procedure. While the area feels numb during this time men must take care when shaving, to avoid nicking the skin.**
- Redness is normal, and typically lasts less than a week, rarely longer.
- Some patients note induration (firmness) that develops in the treatment area a week or so after treatment. This can last days to a few weeks.
- **For men:** temporary patchy hair loss may occur in the treated area.
- Mild purplish bruising in some areas is normal after Kybella injection. **For the next day, avoid intense exercise (this can increase bruising and soreness in the first day), and avoid excess sun or heat exposure.**
- To further reduce the risk of bruising Dr Black may recommend one or more of the following: **Arnika Forte** - 2 pills day of procedure, then 2 pills a day for 3-4 days after treatment. (\$30.00)

