

Pre/Post DiamondGlow Treatment Instructions

- Avoid for 1 week prior and 2-4 days after DiamondGlow:
Electrolysis, Waxing, Depilatory Creams, exfoliating scrubs, and retinols/retinoids
Including prescription retinoids like tretinoin, Retin-A, Tazorac, Fabior, Renova, Aklief, Altreno, Arazlo, Epiduo and Differen (adapalene) and office-dispensed retinols like SkinCeuticals Retinol, Avene Retrinal, and SkinMedica Tri-Retinol and any over the counter retinols.
- Avoid excessive sun exposure before and after treatment, and wear sunscreen with at least SPF 30 sunscreen daily.
- If you have a history of fever blisters or cold sores (herpes simplex infection), Dr. Black, Brooke Smart, FNP, or Cheryl Sundlov, PA-C will prescribe an antiviral preventative medication to take for each treatment.
- After treatment use a mild cleanser and moisturizer as needed, followed by sunscreen each morning, for the first 2-5 days. For SkinMedica® Skin Brightening, SkinMedica® Ultra Hydrating, SkinMedica® TNS® Advanced+, or SkinMedica® Vitamin C DiamondGlow Infusion Treatments, you can restart retinols and/or exfoliators at 2-3 days after treatment. For the more aggressive SkinMedica® Pore Clarifying DiamondGlow Infusion treatment wait 4-5 days.